



# Ultimate Challenge Voyage

## 8 – 12<sup>th</sup> March 2017

### Trainee Information

#### Who is eligible?

The Ultimate Challenge Voyage is created for those who would normally be unable to participate in a Youth Explorer voyage. The participant must be aged 14 years old or above at the start of the voyage. The voyage caters for those with intellectual, physical and/or sensory disabilities, as well as insulin-dependent diabetics, those with epilepsy, hyperactivity/ADD/ADHD, etc.

Other requirements include:

- Trainees must not require the use of a wheelchair
- Be able to have a reasonable level of self-care (showing, toileting and dressing with minimal supervision/reminders). If this is an issue, please speak to us directly as some arrangements may allow those who meet all other requirements still eligible.
- Must be able to climb stairs and ladders from below deck unaided in case of emergency
- Cannot be dependant or under the influence of alcohol or illicit drugs
- Must have a consent form signed by the individual, a witness (preferably carer or legal guardian) and their GP.
- Must be approved “medically fit” by the Leeuwin Medical Officer, via documentation or interview if necessary.

#### What care is provided on board?

The Ultimate Challenge Voyages have a minimum trainee to helper ratio on 3:2 but some conditions require a 1:1 carer ratio. Our permanent crew members are not included in this ratio and a doctor is also on board at all times.

Watches will be made up with a mixture of trainees and helpers. This also applies to cabin allocations. Helpers are on hand to assist wherever is needed (not only for one individual). Those who require assistance in emergency situations will have a dedicated carer to assist them.

#### What is involved on the voyage?

The voyage is a 4-night, 5-day adventure. The ship will generally stay in more sheltered waters and no shore trips will occur.

All participants will be placed into a watch and be allocated a bunk. The watch is their team for the duration of the voyage and they will work together to learn all the new skills on board. Everyone will take part in activities such as hauling lines, taking over the helm, galley (kitchen) duty, cleaning the ship, participating in night watches and setting sails. Most will have the opportunity to climb the bowsprit or the masts. There is not a requirement to climb, and the Leeuwin uses a “challenge by choice” approach. Some medical conditions and individuals may be required to be monitored for some time before being approved to climb. This will be decided on an individual basis and the Ship Master’s decision is final.

### **2017 Ultimate Challenge Fare**

In 2017, the Ultimate Challenge voyage fare per carer, is **\$1,500**. This fare represents a *substantial discount* on the actual cost of the voyage to the Foundation, which remains determined to ensure this wonderful opportunity remain in its schedule.

Each applicant for the Ultimate Challenge for March 2017 must be willing to secure their berth with a payment of \$1,500 upon being approved.

Please note the below:

1. Successful applicants will be notified in mid-February following the application closure date.
2. No payment will be taken until you are announced as a successful applicant.
3. Do not apply for this process should you be unable to make the payment of \$1,500.
4. Clearly mark your payment details on the form provided, these will be confirmed via phone call prior to payment being taken.
5. Should funding be secured in the interim, you will be notified of the reduced fare cost prior to payment being taken.

### **What are the closing dates for the 2016 Ultimate Challenge applications?**

Due to the medical application process, applications close on **Sunday 5<sup>th</sup> February 2017**. Applications will be assessed by the Foundation's medical officer prior to acceptance. Those who are successful will be notified by email in mid-February and payment will not be taken until this time.

*If you have any further questions or specific circumstances you wish to discuss, please feel free to contact the Leeuwin office on 08 9430 4105.*